HOPE

HEALTH OPULENCE PEACE ENLIGHTENMENT

A Bi-monthly Magazine Devoted to the Explanation of the Laws Governing Health, Opulence, Peace and Enlightenment

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SYNCHRONIZED DAILY DECREES

"Thou shalt decree a thing and it shall be established unto you" (Job 22:28)
"The prayer of faith shall save the sick" (Jas 5:15)
"Pray without ceasing" (I Thes 5:17)

FOR OCTOBER 15TH TO NOVEMBER 14TH, 1960

9 a.m. **Enlightenment:** The Flame of Divinity within my heart enlightens my mind and heart, NOW AND FOREVER.

Noon Peace: The Flame of Divinity within my heart manifests as Peace in my mind and surroundings, NOW AND FOREVER.

3 p.m. **Opulence:** The Flame of Divinity within my heart is the source of my abundant supply, NOW AND FOREVER.

9 p.m. **Health:** The Flame of Divinity within my heart sustains me in perfect health, NOW AND FOREVER.

For Mankind

The Flame of Divinity in the heart of each human being gives Enlightenment, Peace, Supply and perfect health to mankind, NOW AND FOREVER.

FOR NOVEMBER 15TH TO DECEMBER 14TH, 1960

9 a.m. **Enlightenment:** As an heir of the Father I manifest NOW His Enlightenment.

Noon Peace: As an heir of the Father I manifest NOW His Peace in my mind and surroundings.

3 p.m. **Opulence:** As an heir of the Father I manifest NOW His Opulence.

9 p.m. **Health:** As an heir of the Father I manifest NOW His Perfection in a healthy body.

For Mankind

As heirs of the Father mankind manifests NOW His Enlightenment, Peace, Opulence and Perfection, in healthy bodies.

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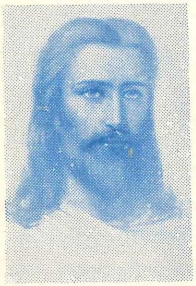
FOUR PREVIOUS EMBODIMENTS OF KUTHUMI

Co-World Teacher, together with Beloved Jesus



Kuthumi

I. Between the years 22,662 and 22,578 B. C. In America. Kuthumi was High Priest of the Toyocatly Temple, situated where the State of Louisiana is now. Other priests of the Temple were Saint Germain, Serapis Bey and Jesus. They visited frequently the Temple of Yucatan, of which Paul, the Venetian was the High Priest. Lord Gautama visited this Temple on one occasion.

II. Between 21,467 and 21,382 B. C. In India. Kuthumi was High Priest in the country now known as Telegu, not far from Masulipatam. There were no images in his Temple. His philosophy could be condensed in three words, "I AM THAT". He preached: "Everything is THAT, the tree is THAT, the stone is THAT, THAT is the Life of the Sun, THAT is in the clouds, the rain, the mountains."

III. Between 15,995 and 15,937 B. C. In Central Asia. In this embodiment Kuthumi was a worrior, and was the leader of a caravan, together with El Morya who joined Him with His wife, Jesus. Paul, the Venetian, wife of Kuthumi, also joined the long caravan towards the South.

IV. Between 1,528 and 1,441 B. C. In Persia. Within this period Kuthumi was High Priest of the Temple of Pallas in Agadé, a city in Asia Minor. When the barbarians invaded the city He went to Persia, where He was known as "the foreigner from the Occident". The presence of Kuthumi was a great inspiration to Zarathustra, and He became one of Zarathustra's leading preachers. One of the statements that Kuthumi used frequently in His addresses was, "he who hastens his steps must also hasten the payment of his debts (karma)". Ten years after meeting Zarathustra Kuthumi went to Iindia.

Cecil Keatly

HARMONY IS A POWERFUL FORCE

By the Ascended Master Kuthumi

BELOVED ones of Light, I greet you in the name of the Presence of Harmony. It has been My joy and honor and privilege for many years now to carry the Master Control of Harmony wheresoever I chose to move across the face of this Earth, and wheresoever I am invoked to assist those beloved lifestreams who show interest in the teaching of men to become a harmonizing Presence in themselves, and, through themselves, the Master Control of all circumstances.

Every Messenger Who comes from the Court of the great Lord of the World, sooner or later must be the controlled power by which energy is channelled into constructive and beautiful form through those chelas and devotees who, drawn by the radiation of the Light, choose to live within the periphery of such an one's aura, for until that accomplishment is woven into the energies of the lifestream the secrets and powers of the Sacred Fire that are held within the Kingdom of Harmony cannot be released in their fullness into the receptive consciousness of the teacher first, and through him imparted to his disciples. So in a measure does the teacher become responsible for the amount of Truth and Understanding flowing from the Everlasting Fount, because upon the control and mastery of his own energy does the message and the truth which flows into the lifestreams of the disciples in a Movement depend.

Within the heart of those great Retreats and Sanctuaries which dot the surface of this globe the most exquisite balanced control of energy forms the pattern for daily and hourly living. Were any of you to consciously, within your own physical bodies, step within such a holy and sanctified place, your first impression would be one of exquisite peace and relaxation. This accounts for the fact that even in the orthodox world the Kingdom of Heaven is described as a place of exceeding peace.

In My service to life, representing as I do that great embodiment of Cosmic Harmony, Who you have come to know and love as our Lord Maitreya, it becomes My joyous opportunity whenever given entrance into the consciousness of a devotee of the Truth, to remind the outer self that Harmony, like Mercy and Love and Compassion, is not a negative but a powerful and positive force belonging only to the strong, and cultivated through century after century of self-discipline.

It is often thought that individuals who sleep within the lethargy of inertia are expressing and experiencing Harmony, but nothing can be further from the truth. Those Messengers Who are embodied Peace are not only Masters of the energy which is their own allotted gift from the Source of Life, but They are the constant Masters of the whirling sea of emotion and thought force of even the physical bodies of those who are around Them.

Recently in Ceylon, We all sat with Our Beloved Maha Chohan and discussed the coming opportunity when the attention of the Illumined, as well as the aspirants, will be focused on the great Teacher of all Teachers, Whom you know as Lord Gautama —the Beloved Lord Maitreya, His Assistant, the Brothers of the Golden Robe, and My Humble Self. The Beloved Maha Chohan in speaking with Us suggested that We emphasize that every faucet of expression through the entire Seven Rays is Embodied Harmony—whether it is the strong drive of ordered service in which every wheel fits into its proper place—whether it is the Harmony which comes from understanding, or the Harmony which is within Beauty—the Harmony that lies within the compass of the scientific balance of life—or that within the glory of Our Beloved Brother Jesus' worship and ceremony, or the perfection and Harmony within the Seventh Ray.

We are so desirous of coupling the knowledge which feeds the intellect and stirs the feeling with that definite application by which those of you who are chosen to wear the Golden Robe may become the Master Control of the energies that are yet within the compass of your sphere of influence.

As the Dispensation from the Heart of the Great Central Sun increased the number of lifestreams who are to be given the opportunity to contact and blend with their own Holy Christ Self, it becomes the service of the Brothers of the Golden Robe to in some manner infiltrate the consciousness of these chosen ones against the mass pressure of the tides of energy which form the lower atmosphere of Earth, until they can sense at least the power of the Presence of God within the heartbeat.

Again and again in the East, century after century after century is the disciple turned to that Teacher of Teachers (in the Heart) until he can recognize Its Voice, then, comprehending Its Truth, lean no longer on form of any kind—neither Guru nor Master, nor any externalized manifestation of The One. In Our beautiful East, where the Heaven is open and the cathedral of life provides the natural setting for the development of the soul, it is not difficult for the individual to become quiet enough so that the impressed directives of the Master opens the way for that communion by which soul growth and development and spiritual maturity are attained.

When We turn Our attention to the West, the entire current and directives of Our endeavors must adapt themselves to the rapid pace with which the vibratory action of mankind at present is so deeply enmeshed.

As the Beloved Saint Gemain is intensifying the radiation of the Freedom Flame, We are preparing to accept the consciousness of those of you who wish to go beyond the collective unfoldment of the group and that height of understanding which you all once knew, and which is thus but a re-awakening of the dormant memory which stirs within you when We come together, but which slumbers again when the stimulus of Our Flame and Presence withdraws; but with each such coming, as Our Love enfolds you, that memory intensifies through the folds of your outer consciousness and you sleep not as soundly as before. So, in patience, We return again, again, and yet again, and gently feeding the Three-fold Flame of Life within your Heart, We

know that in so doing one day you, too, will become that Master Presence.

May I thank you on behalf of the Beloved Morya, Whom I love as much as Life Itself, for your kindness and willingness to serve with Him. It was not so long ago that We sat together and He spoke to Me of this Design that He held within His Heart which He felt would help Our Beloved Saint Germain as He faced another crises in His constant endeavor to serve the peoples of Earth. I was surprised rather to find Him so soon after Our endeavors through Theosophy ready to begin again, but yet in that decision which was His, I promised to stand by His side—for I love Him—I love the service in which Our Hearts' Light has bound Us together in a friendship which has been one of the sweetest experiences of My individualization. It is a beautiful thing for Me to see that His circle of friends grows larger and that those who feared Him, fear no more but have accepted the kindness, the sweetness, and the great Love that is within His Heart.

We Who have passed this way know well this yearning, know well the sacrifice entailed in remaining, for it was not so long since that We, too, struggled with opinions, and We, too, hoped and felt disappointments through the accumulations of human selves, and We, too, stopped to build again upon the ashes of Our previous endeavors. I stood, Myself, and saw My beautiful School burned to the ground, within it all the records of a life —all the exquisite achievement of pupils in whom I had invested all the energies of My Being—art work the like of which had not been since the days of Atlantis—sculpture, marble figures dashed from their pedestals and crushed by vandal hands. Gardens and exquisite trees destroyed—until only a rubble remained of a Vision into which I had invested a life!

I have never dared to revivify that Vision in My Free Estate, nor have I looked back until this day and yet the experiences within that life were such that they did enable Me to become Master of energy. One day My Teacher said, "You are now a

Harmonizing Presence which will never again be disturbed by any external distress nor any internal weakness. You are fitted to enter My Service and become a Member of My Court, and one day soon, if You shall choose, wear My Cloak upon Your Shoulders". I was happy then that, although the tears rolled down My cheeks as I saw My Dream destroyed, I had held a certain Peace even in that suffering.

If you could see, each one, beloved children, how you build up that Mastery, you would really welcome opportunities to flood the Flame from within your own God Self through energy of a turbulent nature. One day when you stand before Lord Maitreya and you feel the Benediction and Blessing as He confirms your appointment as that Presence, you will be happy indeed for every endeavor along this line.

I am sensitive to the song of Nature and to Her cry, for it was in the Cathedral of Nature that I found My Peace and My ultimate Victory, and even yet wherever I am, so long as I remain within the orbit of this Earth, I sense and respond to any cry from the Earth of the Nature Kingdom, the four-footed Kingdom, or your own body elementals when distress causes unhappiness. I have felt for the people of India and China where those great famines wipe out millions of lifestreams; I feel exceedingly for the people in every nation who suffer, because the creations of mankind has been such that Nature can no longer abundantly supply them.

Where there are CONSCIOUS CHELAS, where drought or flood, or pestilence of any kind of distress appear, **it is so unnecessary,** and We always look with hope that some may open the door that We may render the service and bring that balance. It is one thing for the unconscious masses to suffer, but it is an indignity to Our Own Life and Our Friendship for those who are Our Heart Friends to allow such suffering in their Presence.

May I commend you then on your endeavors and encourage you in My commendation to go forth. I thank and bless you.

HEALTH

by Margaret Marsh

WHEN you set your feet upon The Path that leads to ultimate mastery, from that time on you should train yourself to look to the God Presence "I AM" **within your own heart** for the solution to your every problem. While the God in someone else, or some of God's substance may assist you, yet the real mastery comes when you look to the God in **you,** Who made you and sustains you, to solve your problems.

When you require something to be done, call the Light into action and make the initial effort by calling to the "I AM" in you first—then—call to any One of the Ascended Masters for Their amplification of your efforts since by Cosmic Law They are not permitted to intrude into your world, but always answer the heart call. It is as though you find a huge boulder blocking your way which is much too big for you to move alone—yet the effort must be made by you, then the Ascended Master Who is watching you will add the pressure of His Light and Love and quickly the obstacle is moved aside and you proceed upon your way.

For good health, center your attention on the "I AM" WITHIN YOU and realize It is God in miniature **alive** in you, awaiting the opportunity **at your call** to expand and fill your world with perfection. See and feel this Light and Energy course through every organ, cell and part of your body and realize deeply "I AM" THE ONLY HEALING PRESENCE as It enfolds you, which is true since It is God Who heals regardless of the methods used.

Then call to the Ascended Master of your choice to blaze His Healing Rays through you to charge you with purity, harmony, strength and perfect health.

Do this daily and hold in the SILENCE that which you are doing, and prove to yourself that THE LIGHT OF GOD NEVER FAILS TO MANIFEST PERFECTION!

THE OPULENCE OF GOD

By Ralph Yancy

EACH one of you who reads this magazine is endeavoring to gain Mastery in your worlds, which means that you must experiment in doing things CONSCIOUSLY and prove to yourself that your application works and that the Light does answer your calls.

For THINGS to manifest in the outer you must have a clear out picture in your mind of what you want—which is visualization. The vague indefinite idea of what you want delays many people from having the fulfillment of their desires. When you have a need, or desire something, take time to get still and THINK IT THROUGH that is see clearly what you desire in your mind—and if you can find a picture of the thing you are thinking of, so much the better to speed it into your world.

The Opulence of God means the abundance of all the God Qualities, good will, love, happiness and harmony, but to many it means MONEY or SUPPLY, and if that is the thing you are "weak" in, then work on that angle until you master it, for it is necessary to have ample supply to properly serve the Light these days.

In the Ascended Masters Realm MONEY does not have the importance which is mistakenly given to it on Earth, but it is your birthright to have anything and everything to make you happy and comfortable, and at the present time on the Earth it is essential, which means it should come under your control.

Take some simple thing you really want so that your deep feeling goes into it - write it out - and read it over many times each day which makes a clear picture in your mind, and TELL NO ONE what you are endeavoring to do. When you have your manifestation immediately give thanks to your God Presence "I AM" and set another goal. Thus it is that you gain Mastery.

PEACE

By Fred Bruce

LET THERE BE PEACE ON EARTH! LET IT BEGIN WITH ME! As I sit in contemplation of the word "PEACE, I find I am filled with a deep sense of quiet, and as I listen to the Silence I find it grows ever deeper and holds within itself that something that makes me so comfortable, so inwardly happy, so kindly, so forgiving, that I am reluctant to bring my consciousness into the outer once again.

As I continue to contemplate PEACE. I wonder why I do not **say** that word more frequently! **When** do I actually **say** It with the reverence and feeling, that enables It to release the very nature of Itself! Why do I not **think** more often on that wonderful word "PEACE", and be conscious — "I am thinking Peace", "I am feeling Peace", and when I **speak,** to speak with the radiation of Peace; when I act, to act as though I live in Peace! When I surround and enfold myself in the radiation that the very word PEACE releases, the contrast is as great as in that wonderful picture "Shangri-la" with the icy winds of human creation outside waiting to engulf me!

LET THERE BE PEACE — I think It, I desire It, I speak It, I write It, and therefore it HAS begun with me! My Beloved God-Self "I AM" in my heart, YOU sustain it in my every thought, YOU sustain it in my every feeling. Let me live gently, kindly, seeing the beauty that is everywhere around me. Let the feeling of Peace radiate from me so subtly but powerfully that all who contact me may desire to say, "LET THERE BE PEACE ON EARTH AND LET IT BEGIN WITH ME!"

DEAR GOD, MY "I AM", place Your Golden Flame of PEACE in front of me, in back of me, on either side of me, above and below me and let me stand and live in Flaming PEACE! **EXPAND** That to enfold every person I contact, and let there be a 'chain reaction' until Our Earth IS a planet of God's Children radiating PEACE and thus becomes Freedom's Holy Star!

HOPE

A bi-monthlv journal devoted to the explanntion of the Laws that govern Health, Opulence, Peace and Enlightenment

Vol. VI October 15 - December 14, 1960 No. 4

THINGS TO REMEMBER ABOUT YOUR SUPPLY

By the Beloved Maha Chohan

Pre-existence of Supply

THE Universe as already created is complete and fully stocked, so to speak, with every requisite for mankind's full enjoyment of his God Estate. The very Law of Creation is such that the Solar Logi who took the responsibility of evolving a humanity on the earth, created and drew from the Heart of God with the co-operation of countless Ascended Beings and Devic Hosts, a great stock pile, as it were, or Cosmic Reservoir, in which is held all the opulence, beauty and harmony, the health, the assistance which every one of the ten billion lifestreams could possible require to fulfill their individual Divine Plan.

It is like a Cosmic Trust Fund established in accordance with the Divine Law under the supervision of the Solar Logos Himself, which had to be completed and offered as a Bond before the Elohimic Builders could take the responsibility of creation.

Omni-penetrating Reservoir

Therefore, there is pulsating in the atmosphere of earth such a countless store of unused Blessings, Powers, Activities, Qualities and Opulent Expressions of Perfection, that there is no Lifestream

who could not have the fulness of His Divine Heritage any instant that he choosed to contact his consciousness with the ever-present Good. In the metaphyisical parlance we call it Omniscient, Omnipresent Supply.

You live in ever-present Good

In the most squalid tenement, the house built with straw, you will find the vibrations of beauty flowing, uninterrupted by the bounden consciousness that dwell within the squalor. In this way mankind has remained in a consciousness of limitation **while** through his bodies is playing constantly the ever-present Good.

To pry the intellect free from the intense power it has given to the appearance world requires all the Cosmic pressure of Our combined Flames and Rays.

Non-Dependence upon a limited income

When once the individual identity opens itself to the inflowing of these rays, which bring beauty, harmony, opulence and peace, and the consciousness expands from its dwarfed state and encompasses the Universal Good (which is ever-present) such an one will become loosed from his dependence upon a limited financial income in the realization that the **Ever-Present Supply** by its nature will enter his world when entertained in his consciousness, and that if there is required money (to secure it—as he holds his attention free from money as entering into his picture at all) the glorious perfection that he holds in consciousness will, as one effect, produce the required funds to draw it through natural chanels into his expression.

How to make the dollar the servant of Consciousness

It is the most difficult task to broach the human consciousness upon the subject of monetary exchange—whereupon the human self becomes very wary and protective; but if I can convince the intellect that the action of the Law is to open the consciousness, expecting the miraculous—giving no thought to the appearance—

and entertaining in anticipation the Glory of the Opulent Perfection, then those individuals who, with tenacity, **held to this Action of the Law** will find themselves free from bondage to the dollar, and the dollar will become the servant of the consciousness as it should be.

The Secret is to abide in the peace of the opulent Store

In the Master's experience there are many occasions when the law of the third dimensional plane requires monetary exchange, the Master—ever conscious of the Presence of All Good—abides in the peace of the opulent store, and for Him, at a given moment, as the requirement comes up, the supply is at hand, it is utilized and forgotten, and He is not thus bothered with the unnecessary detail of maintaining a human stock-pile except as he requires it. This is true of clothing and all supply in the third dimensional plane as far as the Ascended Master Consciousness is concerned. You will come into this understanding gradually, and with meditation and sincere open minded contemplation it should give great freedom to the inner nature.

Decree to apply the above Instruction

BELOVED PRESENCE OF GOD "I AM" IN ME, Beloved Maha Chohan, Mighty Hercules, Mighty Victory, pour forth the complete Cosmic Pressure of Thy combined Flames and Rays through me to ANNIHILATE AND CONSUME the apparent ability of the intellect to give power to appearances; help me convince the intellect to expect always the miraculous and entertain in anticipation the Glory of the everywhere present Opulent Perfection; make me abide for ever in the Peace of the Ascended Masters' Opulence; and make me thus ever conscious of the Ever Presence of All Good!

What I ask for myself, I ask for all mankind. I thank Thee because I know this is ALREADY ATTAINED!

ENLIGHTENMENT

By Mabel Hopkins

WITH all the marvelous instruction which has come forth to mankind within the last few years through **The Bridge to Freedom** activity, it is very easy to lose sight of the object of all this teaching—and that is to **loose** THE CHRIST WITHIN so that the Second Coming of the Christ can be an established fact for every man, woman and child on the planet Earth. Therefore, before you start your day, before you read, **take time to be Holy,** and turn your undivided attention to the CHRIST WITHIN YOU that beats your heart and gives you life. This is not always easy to do with the insatiable demands of the outer upon the time and attention. God is ALIVE **within you** and the object of all your long series of embodiments and the reason for your being, is to allow The Christ within to take command of you and your world, allow It to fill your body and world with Light and you become The Christ here and now and then ascend, even as Jesus did, free forevermore from the discords and imperfections on the Earth.

Watch closely that you take your own certain suggestions and applications that are brought to your attention by the Ascended Host of Light, for knowledge without application becomes accretion and will not give you your Victory of the Ascension. Therefore, USE the Law diligently each day, try out and PROVE the Power of THE CHRIST WITHIN YOU, the efficacy of the Violet Fire to transmute your mistakes, and the Power of Harmony, Purity and Love Divine to provide for you a pathway of beauty and perfection.

Eternal vigilance is the price of Victory truly, and it is only by the constant application of The Law that you gain control and mastery and can then use your life energy with enough power to effectively expand the Light until our Earth has become Freedom's Holy Star made manifest.

HOW TO RELEASE ENERGY HARMONIOUSLY

By the Beloved Maha Chohan

THE great balance and mercy of God's Law has opened a new door wherein the mankind of earth are required to return to their Presence only 51% percent of the energy of their lifestreams, in order to be free from the bonds of re-incarnation and attain to the Ascended Estate.

This means that just a little over half the energy that passes through your body must have gone forth in a constructive way (not necessarily in a spiritual manner) before the pendulum of your life's experience swings toward freedom from the magnetic pull of the earth and the things of the earth.

What is meant by harmonious qualification

Some may think that 51% of the energy, to be harmoniously qualified, must be spent in devotion, prayer, ceremonial service, and solemn invocations directly concerned with spiritual aspiration. The Truth is that ALL constructive and harmonious energy is a natural expression of the God Life, whether it be the loving service of friend to friend or the constructive creation of a bench or chair or garment.

A woman may be scrubbing a floor on her hands and knees, immersed in suds and water, and her energy may be very harmonious and peaceful in that activity, and there will rise to her Causal Body every electron released in that act. A priest may stand on the altar with the Host elevated, in a state of rebellion, resentment or hate, and not an electron of that elevation, mind you, will add an ounce of energy to his Freedom.

Saint Francis of Assisi, and so many Holy Ones, dedicated their lives to humble service, and walking the roads, serving the poor, feeding the hungry, and ministering to the ill.

If you can understand that making a bed can be a devotional act wherein the energy passing through you becomes part of the magnetic pull to raise you into your Ascension, you are receiving in the hourly occupations opportunities for you to complete the Spiritual pull which will raise your tortured soul into Peace which is its righful estate as a member of God's Kingdom.

Harmonized Energy

Let us take this example: If you find a child weeping, the energy of that child is unhappy, therefore the Holy Christ Self can receive or use NONE of that energy to build the 51% for the ascension of that baby. For the moment, the Holy Christ Self has no use, so to speak, for that despondent radiation.

If the conscious student, entering the aura of that child, can CHARGE the feeling, not by suppression or fear, which may make him stop crying but continues the radiation of rebellion, by replacing the despondency with happiness, immediately the Holy Christ Self of the child receives the ascending energy and that becomes part of the glory which will ascend that lifestream one day.

The Holy Christ Self then directs into **your** Causal Body exactly the same amount of energy that the child has released in happiness plus interest, so to speak, for **your** freedom.

It is the most marvelous investment to awaken good feeling wherever you move and it is the only investment that will ensure your ascension.

Energy wrongly qualified

Every tear you cause another to shed may be just the ounce of energy that **could** have freed the Spirit at a given moment. Can you see then how intricately are interwoven the threads of individuals' lives, and how potent a force you are in your environment and community, which is either generating good karma for those around you or adding to their chains.

How we must affect others

Our study today is on the effect our lifestreams have on the members of our family as well as the people we contact daily in the grocery store or on the street and after these contacts if you have left each individual happier and more peaceful when you leave them you have fulfilled your divine plan for that moment and you have rendered a spiritual service in lightening the burden of the world.

Wherever you go if there is the slightest inharmony left behind you through any act of your lifestream you are responsible to the Presence and those other people for the discordant energy, and you are also bound to take into your own lifestream more discordant energy to add to the chains in which you are bound.

"Do unto others as you would have them do unto you" is an occult Law.

Spiritual Unfoldment

Energy, in order to qualify for payment of one's debts, need not be spiritually qualified as long as it is constructive or harmoniously qualified. This opens a wide field for thought and contemplation and enables many a lay-brother who is yet bound by obligations and duties, and the wheel of moral and monetary obligations, to understand that his spiritual unfoldment is not delayed by reason of his present limitation, but that he can achieve his Victory in any state of circumstances and environment in which his karma has placed him. That whatever the work or activity by which his outer mind thinks he is earning his living can be a funnel through which his energies are returned to his Causal Body to form the Glory and the Magnet which will one day draw his body into the union with Spirit.

When 51% of anyone's energy is constructively qualified he or she immediately in ready for the Ascension, and your energy can be constructively qualified whether you are a boot-black, a streat-cleaner or a bank-president.

Application

If you will divide your life into a 12-hour span, and watch then how the energy of your lifestream is qualified within that 12-hour period, you can check yourself at the close of each day as to whether 51% of that energy is written off constructively qualified or otherwise.

You can then see how many wasted days and years there are in the average life. If a 12-hour period passes and the energy in that period has been discordantly qualified for over 51% that day, you have not stepped closer to your freedom.

When you pin the personal self down to a small day's chart you can realize that if your shoes are laced in a harmonious manner that energy goes on the side of the constructive balance which your Presence can use to ascend you.

The Law is that the energy **must** be harmoniously released—not spiritually released—to ensure your freedom.

THE SERVICE OF ALCOHOLIC ANONYMOUS

By Samuel W. Harvey

THE A. A. program of recovery from alcoholism is available to all who seek sobriety. It is not allied with any sect, denomination, politics, organization or institution. The primary purpose of It is to stay sober and help other alcoholics to achieve sobriety.

This is accomplished by practicing the twelve suggested steps, the author's interpretation of the first and second steps appeared in a previous issue of this magazine.

The **third step** "Made a decision to turn our will and our lives over to the care of God as we understood Him" can be the turning point in the direction of a joyful, peaceful and serene way of life. The alcoholic had to learn the hard way that will-power alone, however strong in other respects, was not enough to keep him sober. He had tried going 'on the wagon' for

specified periods. He has switched brands and beverages. He has tried drinking only during certain hours. But none of these plans worked. The alcoholic always winds up, sooner or later, by getting drunk when he not only wanted to stay sober but had every rational incentive for staying sober.

The alcoholic has gone through stages of despair until he is positive there is something wrong with him mentally. He begins to hate himself not only for wasting the talents with which he had been endowed and for the misery and trouble that be brings upon others. An alcoholic can never take alcohol in any form —it is not the fourth drink or some other number, but the first drink that sets up a chain reaction of wrong thinking that leads to uncontrolled drinking. Some alcoholics can stay sober for days, weeks, months, even years, but are not happy in their sobriety.

Forget about 'your will' and accept His will and you will be assured that He will open doors and guide you and make you aware of the wonderful things Life has to offer. Refuse to see the sordid. Fling off the mantle of self-pity and depression. Know that His Will for you is a good sober way of living. God will, if you so desire His Will for you, implant in your consciousness seeds of beautiful spiritual thoughts, He will direct your lives in such a way that you will many times be astounded at the way problems will be dissolved. These spirtual thoughts inspire one to live a more decent, constructive life and this is the thing one must do—for alcoholics must replace alcohol with something and that something is God as you undertand Him. That is why after coming into A. A. and practicing the program, you have a much more happier sobriety that you did when you were trying to do it on your own—through your own will-power. Go to A. A. meetings-there is one close by wherever you live—look it up in the telephone directory—they are even advertised in your local papers—seek and ye shall find.

In practicing the **fourth step** which reads as follows: "Made a searching and fearless moral inventory of ourselves". This is by no means an easy thing to do—for the alcoholic has lied

and lived in a dream world of untruth for so long he can hardly distinguish between truth and falshood. But after a period of sobriety and from the association with other alcoholics who have been through all these things and are sober today, the newcomer can learn much, and he will want to become that which he was meant to be from the beginning, a normal—straight thinking—truthful—healthy individual. So now he must clear his mental storehouse and the only way to do so is to be fearless and start digging. Take the things that you have so carefully hidden away in your mind—the things that bothered you, the things you could not face up to—take them out one at a time and take a good inventory. Do not condemn yourself while doing this. Just know that all the things that need clearing up were done while you were sick in mind, body and soul and the fact that you are willing to make things right, the Higher Power will help you and lighten your burden. Through the help of your fellow A. A. 's and attendance of meetings, the desire to help someone who is still suffering from alcoholism, will help you to mold for yourself an entirely new and beautiful way of life.

There are slogans that are used in A. A. Easy Does It — First Things First — Live and Let Live — Think — These slogans can be the answer to many of our every day problems. Say them to yourself often, especially when things pile up and are about to throw us off the beam — But remember it takes time — be patient — you cannot undo overnight something it took years for you to create. Remember that there are 250,000 alcoholics now living sober—helpful lives because of Alcoholic Anonymous and its teachings—and know that if 250,000 alcoholics could sober up **so can you.** Again I repeat Go to many meetings—go with an open mind—and you will find someone whose drinking pattern matches your own. Read A. A. literature, think upon the slogans and say the Serenity Prayer which is said at the opening of each A. A. meeting: GOD GRANT ME THE SERENITY TO ACCEPT THE THINGS I CANNOT CHANGE; THE COURAGE TO CHANGE THE THINGS I CAN; AND THE WISDOM TO KNOW THE DIFERENCE.

THE COLOR OF THE AURA

By The Maha Chohan

The Master, looking at a student, sees a great oval of consciousness vibrating according to the need of the moment and colored by the thoughts and feelings of the forty-eight hours proceding the exchange of energy. This oval has been called the "aura", meaning the emanation or radiation of the self, but it is a great deal more than that—the aura is the Recording Angel or the Realm of Consciousness through which each lifestream must experience his activity, waking and sleeping. The predominant color of the consciousness is a clear indication to the Master of the student's place upon the Path and the overtone is an indication of the recent activity of the soul. For instance a very harmonious lifestream whose natural color tone might be a soft green, if he experienced an emotional upheaval of an unpleasant nature, would show blotches of red and brown superimposed upon the natural color of the aura.

The Master, coming to give specific assistance, places most of the weight of His discrimination on the natural tone, for that shows the evolution of the individual and how much he is capable of receiving and what would be the greatest gift and benefit that could be offered to him. The color and tone of the aura also make it possible for the Master to use certain lifestreams for definite work, because once the color is firmly established, we feel that the overtones, with discipline and assistance, can be muted. It is, therefore, a very wise thing for individuals to find out the color to which their evolution has brought the ovoid of their consciousness, for that will be the most harmonious vibratory action for them to work in, surround themselves with and clothe their vehicles in.

People have an affinity towards the vibratory action to which they have attained both in music and in color and if they become still, they can pretty accurately sense that vibration.

THE CONTEMPLATION OF THE HOLY TRINITY PICTURE

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First: The use of the two weapons mentioned in the Scriptures: the **aggressive,** in our case, the daily use of the Violet Transmuting Flame around the four lower bodies as well as the use of the Sword of Blue Flame; the **defensive,** such as putting on the armour or mantle of Light, previously called the tube of light. This, done daily, while visualizing this Picture, is in itself alone a tremendous benefit which the student will receive. (See Rom XIII:12; II Cor. X:4; I Thes V:8; and Eph VI:14-17.)

Second: The establishment of the connection with the "I AM" Presence. It has been repeteatedly stated that when one looks at a picture one establishes a direct, though invisible, connection with the original, in this case with your "I AM" Presence.

Third: The reception of the Blassings from the "I AM" Presence. **The Holy Trinity Picture** is a constant open channel through which flow to the student the Gifts from the Causal body, when he contemplates It.

Read also the issues of June and September 1960 of "The Bridge to Freedom" Journal which contain the Dedication, Description and Symbolism of **The Holy Trinity Picture.** May you avail yourselves of the great blessings that through the contemplation of **The Holy Trinity Picture** will be poured upon you and your loved ones.

The Holy Trinity Picture is available in three sizes: 12" x 20" at $2.00; 4¼" x 7" at 0.50 cts. and 2" x 3" at $1.30 per dozen. Obtainable from **The Bridge to Freedom Inc.,** R.F.D. 1-Box 321, Charlottesville, Va., U.S.A.

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